

DRESS UP & ACT OUT

ACTIVITY

As they learn to dress themselves, your kids are learning independence. You can help them practice getting dressed, and make meeting this development milestone fun, by turning it into a game! All you need is a good book, some kid-led decision making, and a little imagination.



- 1 First, let your kids choose a book and look through all of the pictures together to find ideas for what to wear.
- 2 Next, help your kids pick out clothes that look like what they saw in the pictures. Let them look in their closet and in yours! Here are some ideas:
 - Red pajamas for *Llama Llama Red Pajama*
 - Overalls for *If You Give a Mouse a Cookie* or *Corduroy*
 - A skirt and heels for *Fancy Nancy*
 - Anything at all for a Dr. Seuss character from *Hop on Pop!*

- 3 Then, hold up a blanket or sheet and pretend it's a curtain. Have your kids go into the "dressing room" behind the "curtain" and get into character by changing into the clothes they picked out.

- 4 When your kids are dressed, drop the curtain so they're "on stage." As you read aloud, have your kids act out what you're saying!