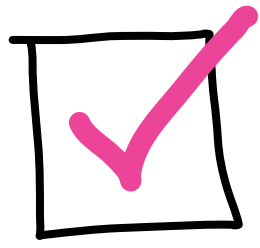




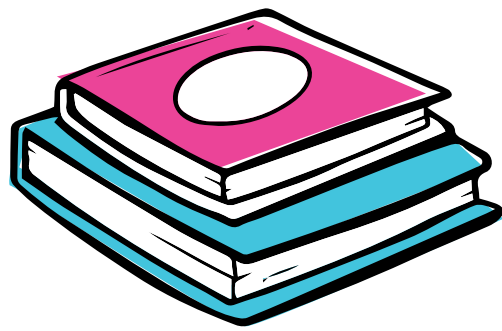
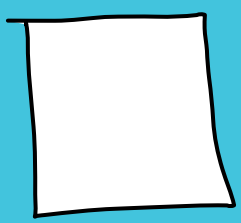
# PREPARING FOR KINDERGARTEN



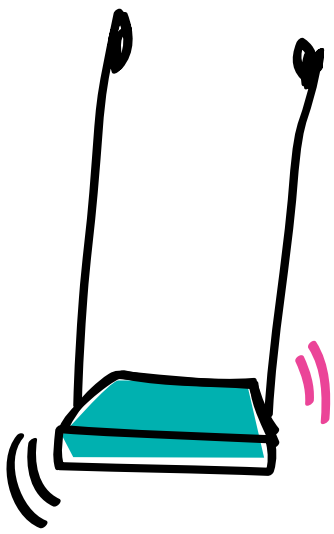
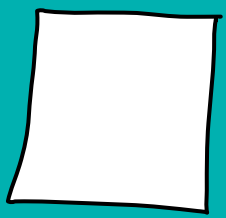
## A CHECKLIST

First, talk with your kids about school, and remind them they are going to start kindergarten soon whenever new school-related activities come up.

Here are some additional things you can do to get your kids ready for this exciting milestone!

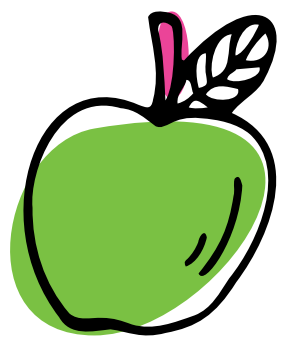
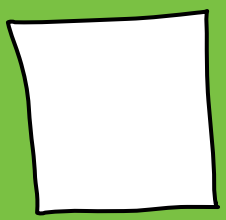


### Read books together about starting school



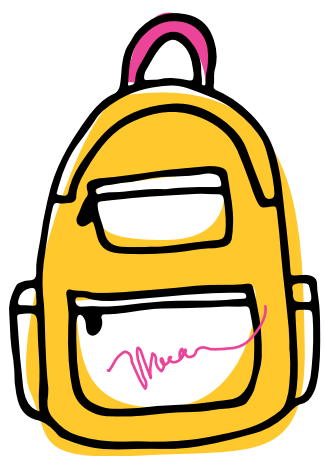
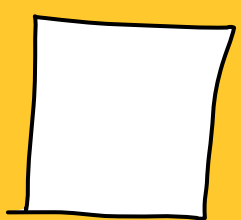
### Visit the school

Find your classroom • Locate the bathroom  
Test out the playground



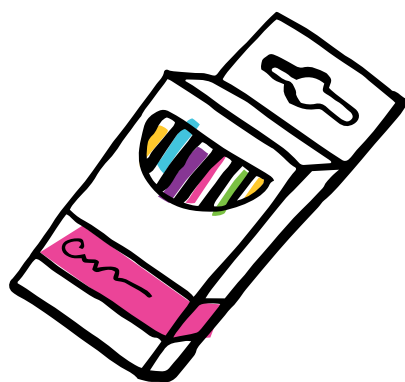
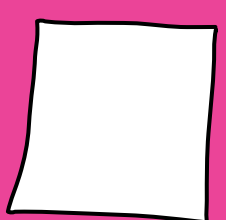
### Meet your teachers

Ask what the best way to communicate with them will be

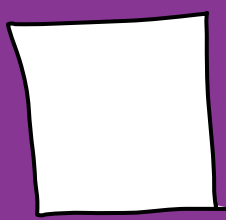


### Label everything

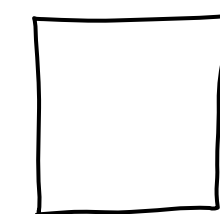
Lunchbox, water bottle, backpack, jacket, etc.



### Pick out school supplies together



### Practice your school day routine



### Talk about starting school

- Tell your kids you are excited for them
- Ask if your kids have any worries
- Talk about how you feel and how your kids feel about school
- Let your kids know what their new routine will look like

